



2024 中山女高青年領袖營

Youth Leadership Camp, Zong-shan 2024

Youth Leadership Program

The Youth Leadership Program is a workshop consisting of **eight sessions** that enable participants to develop communication and leadership skills through practical experience.

Participants learn to:

- Evaluate present speaking ability
- Organize and give speeches
- Give impromptu talks
- Control voice, vocabulary and gestures
- Give constructive feedback and more

主辦單位：臺北市立中山女子高級中學

協辦單位：台北國際英語演講會(Taipei Toastmasters Club, D67-1890)；

(營隊負責人：英文科退休老師謝美子/ 協助示範者：資深 Toastmasters)

活動日期：2024/7/15(一), 7/16(二), 7/17(三), 7/18(四), 7/19(五), 7/22(一), 7/23(二)，共 7 天。

上課時間：09:00-15:00 (上午 9:00 報到; 下午 13:00 報到)(含觀摩/實作/練習時間)

活動地點：中山女高 莊敬 3 樓選修一教室

活動特色：透過「做中學」的獨特會議模式，參加學員將循序漸進使用英語從事主持、介紹、演講、講評等，學員因此能練習到運用英語表達、溝通、聆聽、回饋等能力。又因須扮演不同會議角色、承擔其相關職務，學員因此亦可同時培養領導才能。

課程規劃：

日期	7/15(一)	7/16(二)	7/17(三)	7/18(四)	7/19(五)	7/22(一)	7/24(二)
	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6	Day-7
9:00-	報到	報到	報到	報到	報到	報到	
9:10 -10:00	-長官/來賓致詞 -營隊課程簡介 -行政注意事項	-Review & Practice: TM, GE, Timer, etc. -YLP-2b: How to Present a Speech?	-YLP-8: Voice and Vocabulary -Practice: voice projection	-Adding spices to a meeting: Variety Session & Group discussion	The stage is yours: YLP Meeting-2 (details will be prepared by students) *written evaluation of the meeting	The stage is yours: YLP Meeting-3 (details will be prepared by students) *written evaluation of the meeting	10:30 報到 成發前置作業
10:10 -11:00	-Getting-acquainted (相見歡) -Grouping: A, B, C	-Tips on preparing a meeting agenda & Group Discussion	Helping Circle-2 *Vocal Variety	-YLP-7 Gestures in Speaking			
11:10 -12:00	-1 st Leadership Survey -Parliamentary Procedure & Election of leaders/ Officers	-YLP-3: Impromptu Speaking (即席演講) -Practice: TTM & TTsp	-YLP-5: Evaluation -Practice: Test speakers & IE	Helping Circle-3 Body Language			
12:00 -13:00	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break
13:10 -15:00	-YLP-1: Chairmanship -Practice: TM Meeting Roles	-YLP-4: Organizing Your Speech -Practice: topics, topic sentence & details	Demo-meeting: a regular Toastmasters meeting (helpers from Toastmasters clubs) *Variety Session: YLP-6: Effective Listening (focus on LE)	The stage is yours: YLP Meeting-1 (details will be prepared by students) *written evaluation of the meeting	-Election of the debut team -Discussion: About “Our Debut Meeting” -場勘	-Discussion: About “Our Debut Meeting” -2 nd Leadership Survey -2 nd Evaluation of Present Speaking Abilities	The World is Ours: Our Debut Meeting (成果發表) (details will be prepared by students) (tea time snacks provided by sponsor) *歡迎家長蒞臨指教
14:10 -15:00	-1 st Evaluation of Present Speaking Abilities -YLP-2a: “How to Prepare a speech ”	Helping Circle-1 Script Writing & Audience analysis					

